

## اضطراب ما بعد الصدمة

# PTSD (Post-Traumatic Stress)

Tibb al-Nabawi Protocol · Authentic Hadith · Prophetic Remedies · Modern Clinical Evidence

Persistent symptoms after a traumatic event.

**MEDICAL DISCLAIMER:** This protocol is for educational purposes only. Consult a qualified physician before applying any remedy or undergoing Hijama therapy. Pregnant women, children, and patients with chronic conditions require specialist guidance. Hijama must be performed by a certified practitioner.

## EXHAUSTIVE REVELATION · QUR'AN

مصيبة قالوا إنا لله وإنا إليه راجعون ﴿١٥٥﴾ أولئك عليهم صلوات من ربهم ورحمة وأولئك هم المهتدون  
من الخوف والجوع ونقص من الأموال والأنفس والثمرات وبشر الصابرين ﴿١٥٦﴾ الذين إذا أصابتهم  
ولنبلونكم بشيء

"And We will surely test you with something of fear and hunger and a loss of wealth and lives and fruits, but give good tidings to the patient, Who, when disaster strikes them, say, 'Indeed we belong to Allah, and indeed to Him we will return.' Those are the ones upon whom are blessings from their Lord and mercy. And it is those who are [rightly] guided."

Surah Al-Baqarah · 2:155-157 — This verse directly addresses the experience of traumatic fear and calamity, providing a spiritual framework for processing trauma through patient acceptance and divine connection.

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