

## الحزن والفقد

# Grief & Loss

Tibb al-Nabawi Protocol · Authentic Hadith · Prophetic Remedies · Modern Clinical Evidence

Natural emotional response to loss.

**MEDICAL DISCLAIMER:** This protocol is for educational purposes only. Consult a qualified physician before applying any remedy or undergoing Hijama therapy. Pregnant women, children, and patients with chronic conditions require specialist guidance. Hijama must be performed by a certified practitioner.

## EXHAUSTIVE REVELATION · QUR'AN

قال إنما أشكوا بثي وحزني إلى الله وأعلم من الله ما لا تعلمون

"He said, 'I only complain of my suffering and my grief to Allah, and I know from Allah that which you do not know.'"

Surah Yusuf · 12:86 — Prophet Ya'qub explicitly describes his profound grief (huzn) over the loss of Yusuf, establishing the legitimacy of expressing grief to Allah while maintaining trust in Him.

## VISIT OUR CLINIC FOR PROFESSIONAL TREATMENT

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We provide: Hijama (Wet Cupping) by qualified practitioners · Ruqyah Shar'iyah · Prophetic Herbal Medicine · 100% Organic Products (Sidr Honey, Ajwa Dates, Black Seed, Indian Costus, Moringa, Olive Oil, and more) · Hijama Diploma Course.