

إدارة الغضب

Anger Management

Tibb al-Nabawi Protocol · Authentic Hadith · Prophetic Remedies · Modern Clinical Evidence

Difficulty controlling anger responses.

MEDICAL DISCLAIMER: This protocol is for educational purposes only. Consult a qualified physician before applying any remedy or undergoing Hijama therapy. Pregnant women, children, and patients with chronic conditions require specialist guidance. Hijama must be performed by a certified practitioner.

EXHAUSTIVE REVELATION · QUR'AN

والذين يجتنبون كبائر الإثم والفواحش وإذا ما غضبوا هم يغفرون

"And those who avoid the major sins and immoralities, and when they are angry, they forgive."

Surah Ash-Shura · 42:37 — This verse directly addresses anger management by praising those who forgive when angered, establishing forgiveness as the prophetic response to anger.

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We provide: Hijama (Wet Cupping) by qualified practitioners · Ruqyah Shar'iyah · Prophetic Herbal Medicine · 100% Organic Products (Sidr Honey, Ajwa Dates, Black Seed, Indian Costus, Moringa, Olive Oil, and more) · Hijama Diploma Course.